Providing the best possible results is a top priority for Dr. Kally Papantoniou and her team. Her dedication to delivering a satisfying experience motivates her to stay abreast of the latest techniques and treatments in aesthetic dermatology. “My approach to rejuvenation is to evaluate the complete picture and incorporate my signature layering approach to anti-aging,” says Dr. Papantoniou. “This includes volumizing, resurfacing, tightening and nonsurgical facial contouring.” She strives to address these four integral components in order to help patients achieve their best overall look. Her deep appreciation and understanding of facial symmetry and beauty helps to ensure the most natural-looking outcomes. “I am one of the first providers to perform the Silhouette Instalift, an innovative procedure that allows for dramatic facial contouring with amazing outcomes,” adds the doctor.

1. WHAT ARE YOUR MOST REQUESTED PROCEDURES?
My specialty is the art of facial rejuvenation and contouring. I have many patients requesting injectable and skin tightening procedures because of the natural look I am able to achieve. For skin tightening, I often incorporate Ultherapy, ThermiTight and the new Silhouette Instalift depending on a patient’s needs.

2. THE MOST OUTRAGEOUS MEDICAL MYTH I’VE HEARD
That people with acne have poor hygiene, which is a huge myth. Acne is due to multiple factors: genetics, hormones, diet, nutrition and skin care practices all play a role in the development of acne.

3. WHAT ARE YOU BEST KNOWN FOR?
I am known for providing natural-looking aesthetic results with a “less is more” approach. I also specialize in skin tightening and nonsurgical facial contouring.

4. WHAT ARE YOU DOING DIFFERENTLY TODAY FOR FACIAL REJUVENATION?
My approach is to address each layer of aging: volume loss, skin laxity, discoloration and wrinkles. With new cutting-edge techniques in the practice of aesthetic medicine, this is an ever changing field where newer technologies allow me to perform noninvasive facial rejuvenation.

5. MY ULTIMATE SKINCARE ADVICE
Wash your face every night, no matter how tired you are. This will prevent clogged pores and allow skin care products to perform better.

6. WHAT IS YOUR FAVORITE LASER PROCEDURE?
The Fraxel Dual laser is the most versatile, targeting many skin issues such as discoloration, age spots, wrinkles, crepiness, acne scars and overall rejuvenation. The results are dramatic and minimal recovery periods can be expected.

Nonsurgical Skin Tightening
Concerned about excess skin on her neck and skin laxity on her lower face, this 56-year-old patient sought Dr. Papantoniou for an Ultherapy skin tightening treatment on her cheeks and neck.